

BFD

BREAKFAST FOR DINNER

BOOKING: TEOBASSLEE@GMAIL



BREAKFAST FOR DINNER AKA BFD, is a party band of all-star musicians and educators brought together by their shared love of music and the eclectic, diverse community that only exists in the DMV area.

This band of brothers and sisters has recorded and performed with legendary artists, including Boy George, Bruce Hornsby, Anita Baker, Lonnie Liston Smith, Heatwave and Unlimited Touch, as well as some of the most prestigious independent acts in the region.

BFD's music selection keeps crowds dancing with a versatile set list featuring Steely Dan, Prince, Jill Scott, The Beatles, Chuck Brown, and more. From rock to funk to go-go, nothing is off-limits as long as music lovers can dance or move in their seats while taking in the experience.

More than just a band, BFD is a creative community of over 30 seasoned musicians who play and record together, perform, and are active studio musicians.

Grounded in an "each one, teach one" philosophy, BFD also serves as a mentorship collective. The mentors work with exceptionally talented young musicians vocalists focused on performing at the highest levels, providing them with the real-world experience needed to reach the heights their mentors have achieved—and beyond.

Inspired by Kool of Kool & the Gang, BFD is led by bassist, producer, and music director Aron "Teo" Lee, who began his professional music career in the '80s. "Live music is performance art in its purest form and will never be played the same way again" Lee says. "It's an 'I was there' experience that the audience will cherish forever."

